# Formulation Design

# What is formulation design?

# Formulation Design

Process that blends science and creativity to create products that meet consumer standards and adhere to safety and quality standards

### It's Interdisciplinary

Chemistry

Regulatory

Art

Biology

Marketing

# Product Types

Gives formulators an idea of what ingredients will need to go into a product

### Dosage form = final form of a product

There are a gazillion products out on the market, but all of them fall under 3 categories:



# Liquids

# Product Types

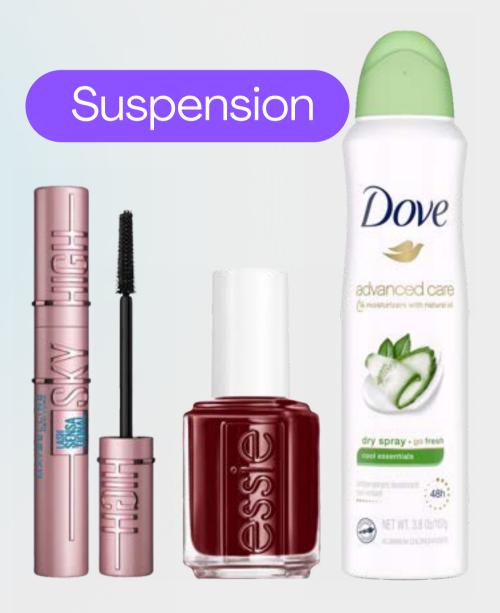
### Liquids

#### Solution



#### Lotion





# Product Types-Liquids

Solution

contains one or more ingredients dissolved in a solvent or mixture of mutually miscible solvents

### Water-based



### Hydroalcoholic



### Anhydrous

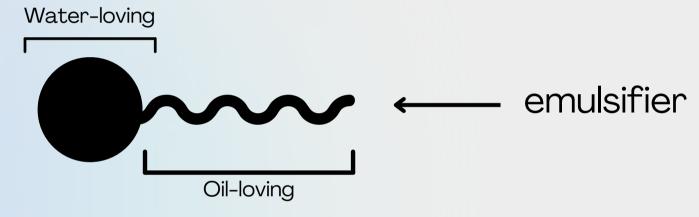


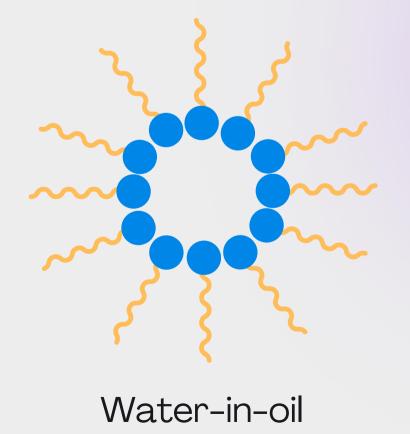
# Product Types-Liquids

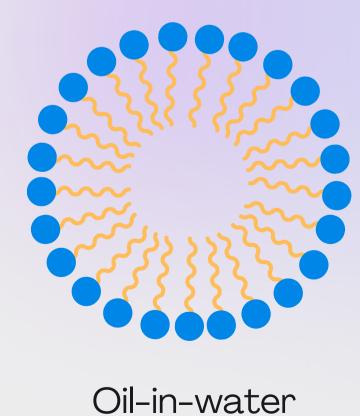
Lotion

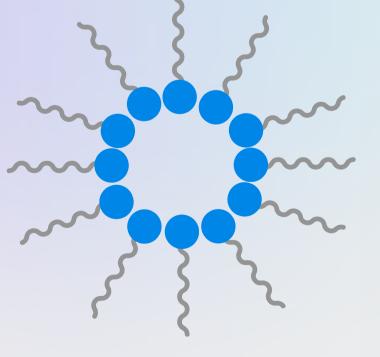
a thin emulsion that is easily pourable, less greasy, and easily washable

### Emulsion=two immiscible phases brought together by an emulsifier





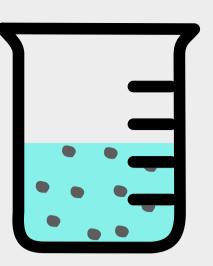






Water-in-silicone

# Product Types-Liquids



Suspension

### Water-based



### Hydroalcoholic



### Anhydrous



### Semi-solids

# Product Types

### **Semisolids**

Cream

Lala Retro\* Whipped Cream
Creme fouettee

RESCUE + RECOVER

# African Oils

30 mt / 169 ft as



Ointment





Cream

------ a thicker emulsion that does not flow readily

### **Lotion**

Lighter texture

Contains higher amount of water

Absorbs quickly

#### VS

### **Cream**

Generally thicker consistency

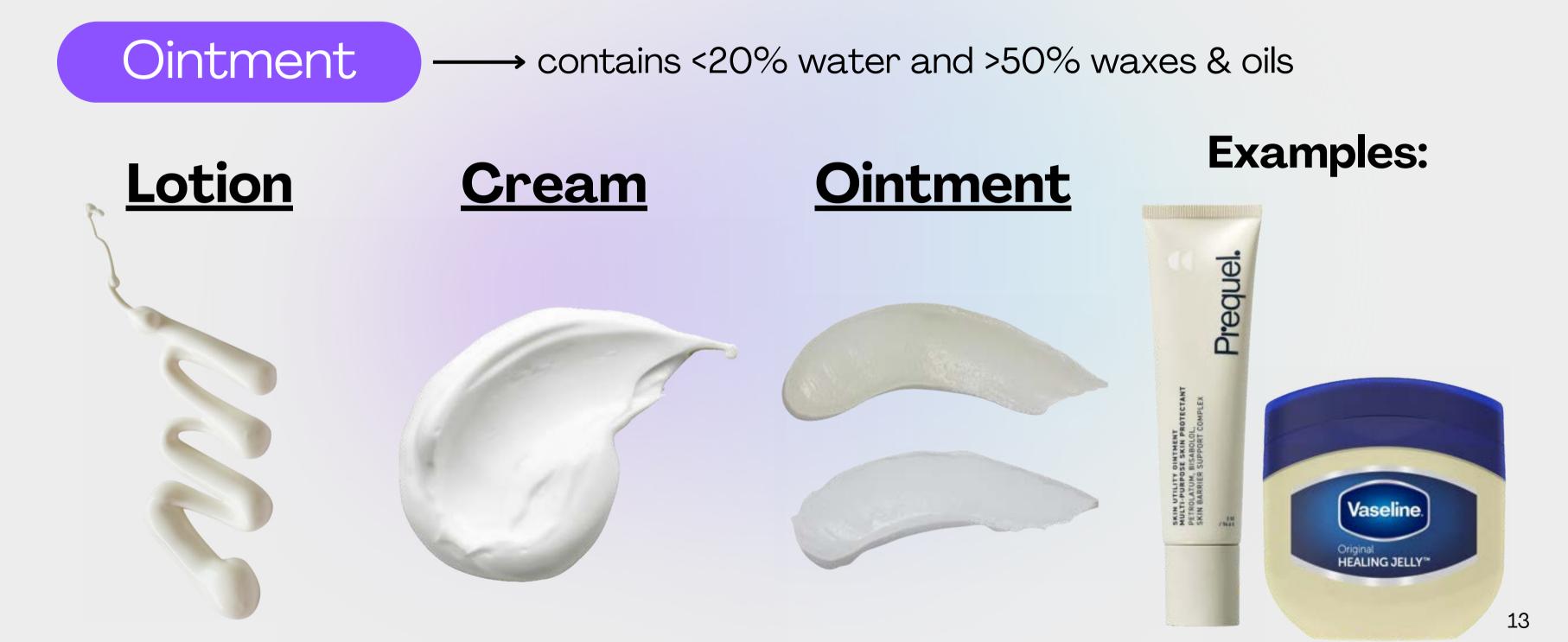
Contains higher amount of oils/waxes

Greater moisturization

### **Examples:**







Paste

→ contains a large proportion of solids dispersed in a fatty vehicle

### **Ointment**

Very thick, greasy

Can contain small amount of water

Contains low amount or no solids

#### VS

### **Paste**

Very thick, greasy

Anhydrous

Contains high amount of solids (20-50%)

### **Examples:**



DIY Sunscreen (do NOT make this, I beg you)



Gel

contains a gelling agent to provide stiffness to a solution or colloidal dispersion

### Water-based



### Hydroalcoholic



### Solids

# Product Types

### Solids

Loose Powder

Pressed Powder

Capsule

Stick









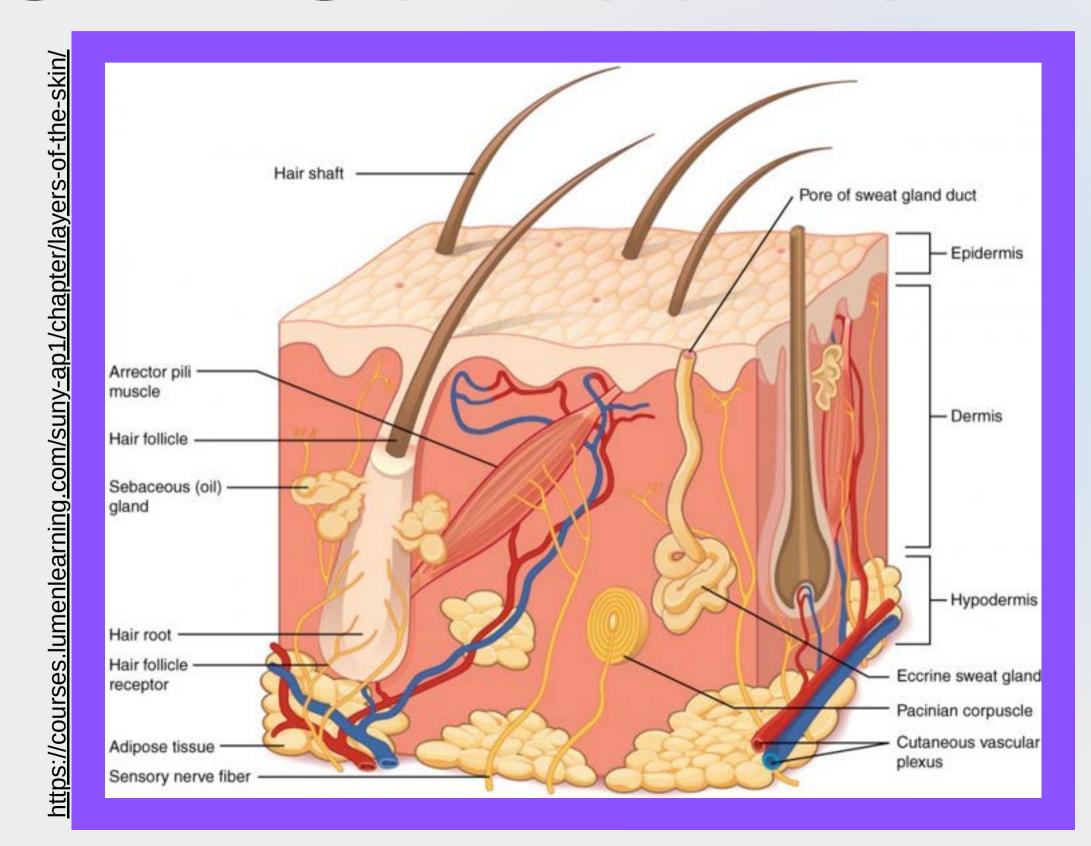






### Let's Talk Skin

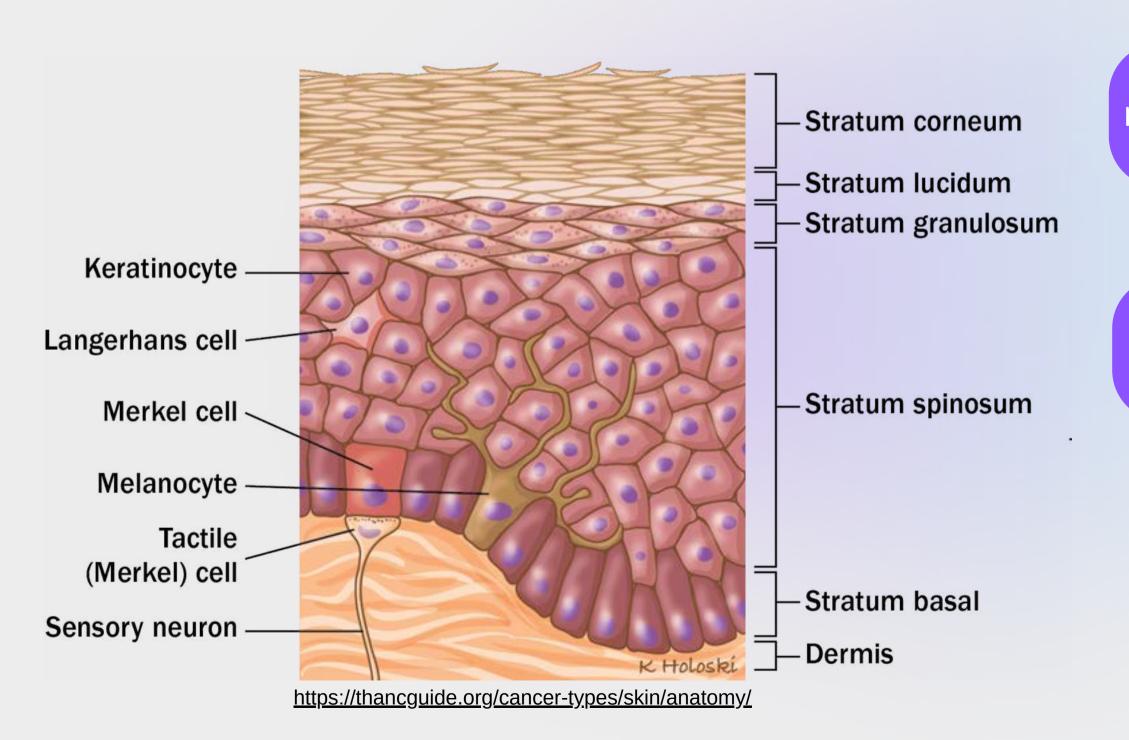
### Skin Structure



# The skin is a complex organ

(which is good, right?)

# Skin Structure-Epidermis



<u>Keratinocytes</u>

make up the majority of the epidermis

Merkel Cells

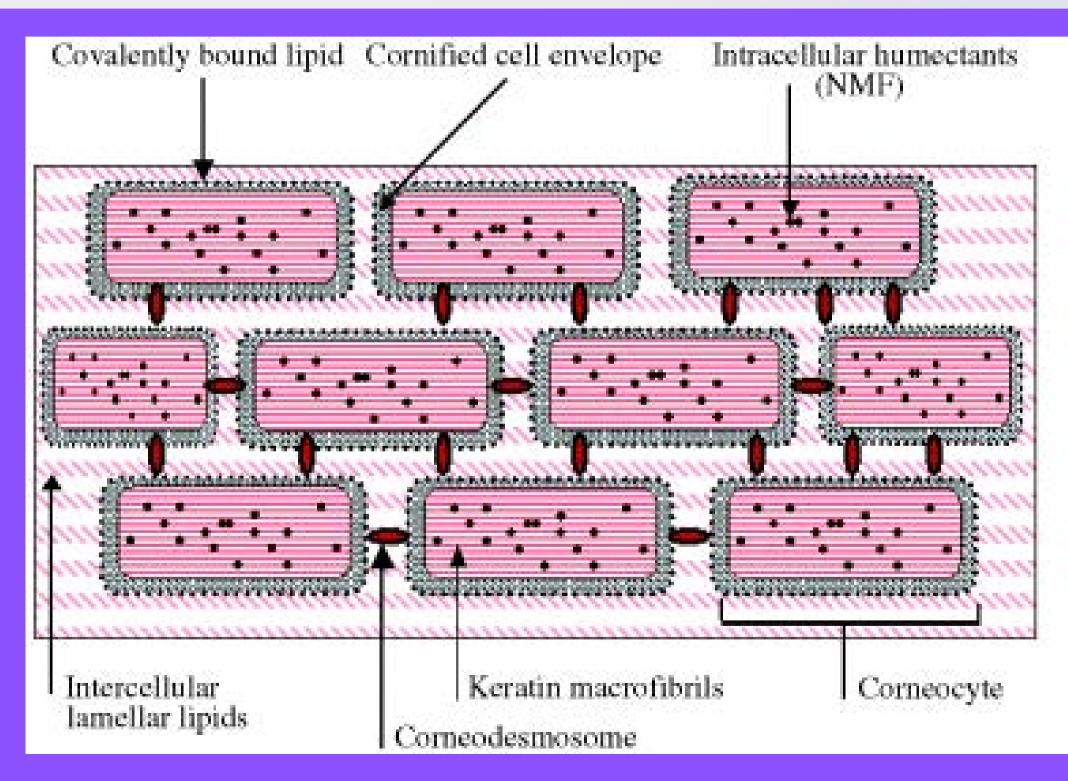
play a role in sensing touch <u>Melanocytes</u>

produce melanin, is responsible for skin color

Langerhans Cells

participate in immune response

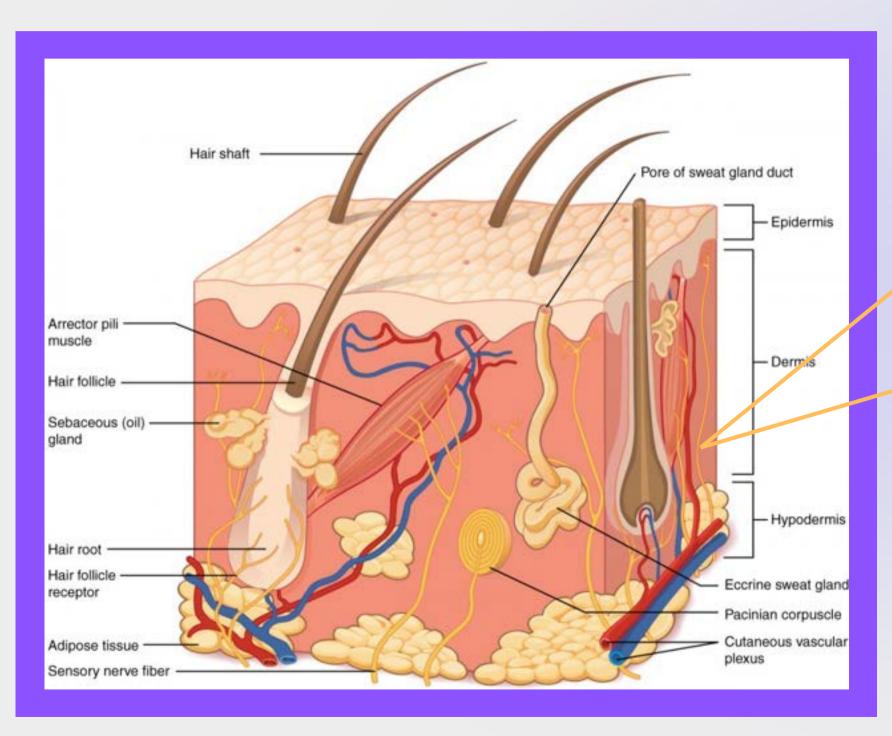
### Skin Structure-Stratum Corneum

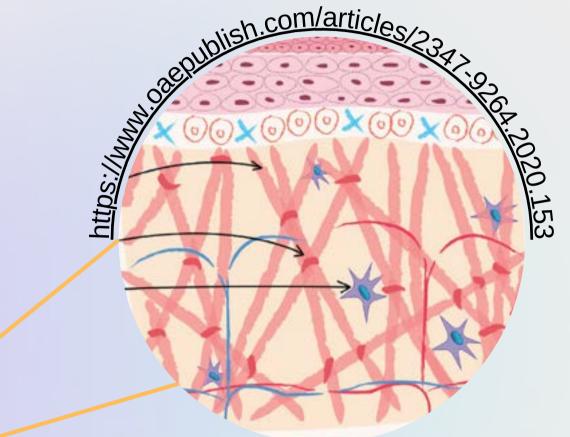


Skin is pretty hydrophobic!



### Skin Structure-Dermis





This is where collagen and elastin is located

# Why delivering actives isn't so easy...

The skin is complicated. We don't soak things up like a sponge.

Majority of cosmetic ingredients are not both hydrophilic and lipophilic.

Cosmetic actives are not all the same. There is no one-size-fits-all approach.

# Skin Delivery

### Permeation Pathways

https://clinicalgate.com/skin-structure-and-function/ Mechanical Intercellular Transfollicular Intracellular delivery methods. corneum Stratum epidermis Hair follicle Sebaceous gland Dermis

#### <u>Intracellular</u>

pass through lipid matrix and corneocytes

Intercellular

pass exclusively through lipid matrix

<u>Transfollicular</u> (<u>Transappenageal)</u>

pass via skin appendages (hair follicles or sweat ducts)

# Delivery Systems



Vesicular Systems

Particulate Systems



# Emulsion Systems

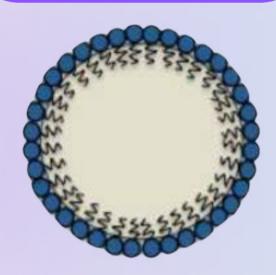
Microemulsion



10-100 nm

Thermodynamically Stable

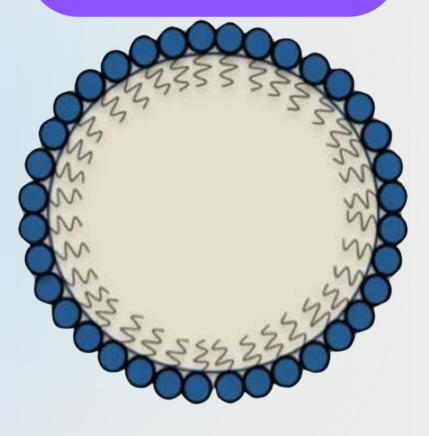
Translucent or Transparent Nanoemulsion



20-500 nm

Kinetically Stable

Translucent or Transparent Macroemulsion

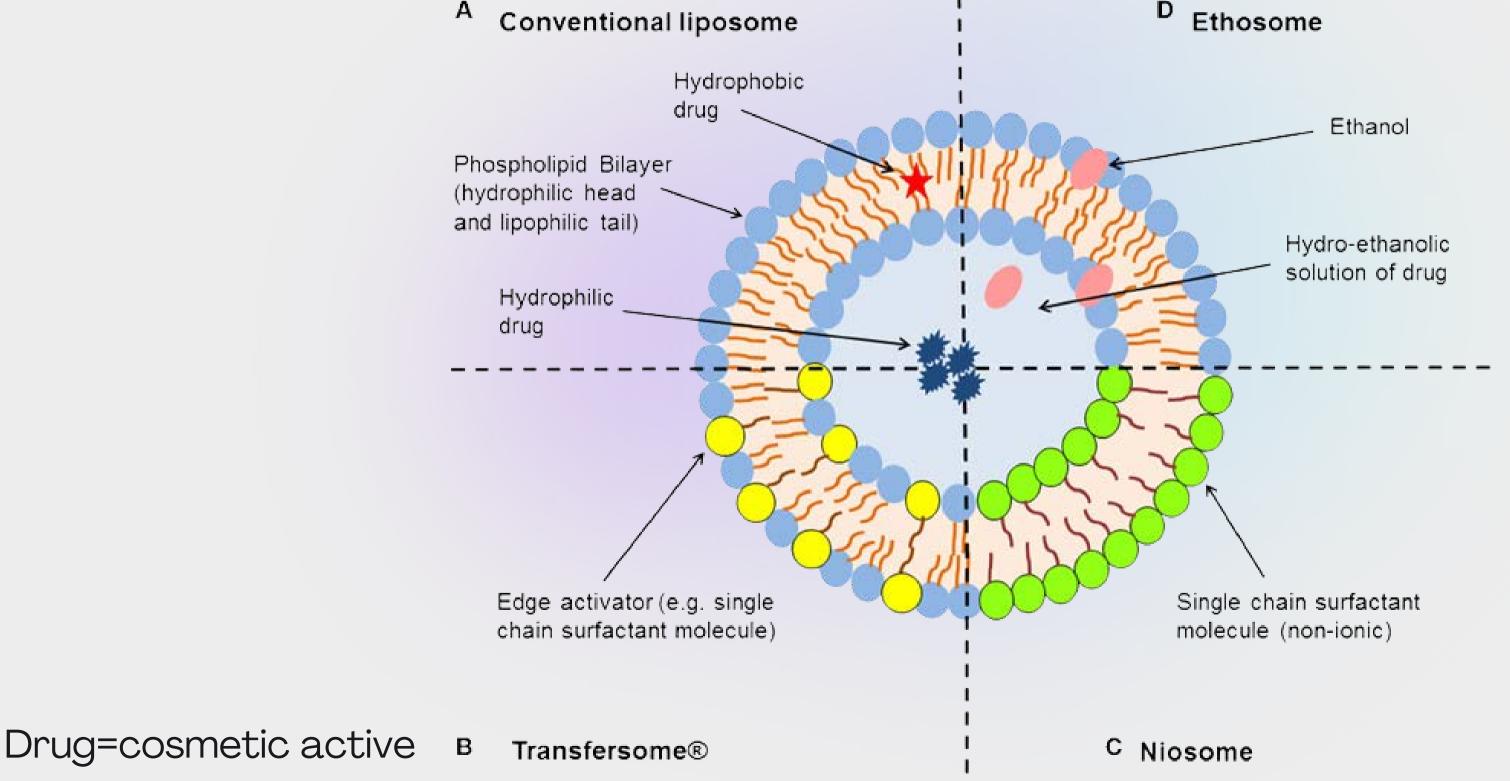


1-100 µm

Kinetically Stable

Opaque

# Vesicular Systems

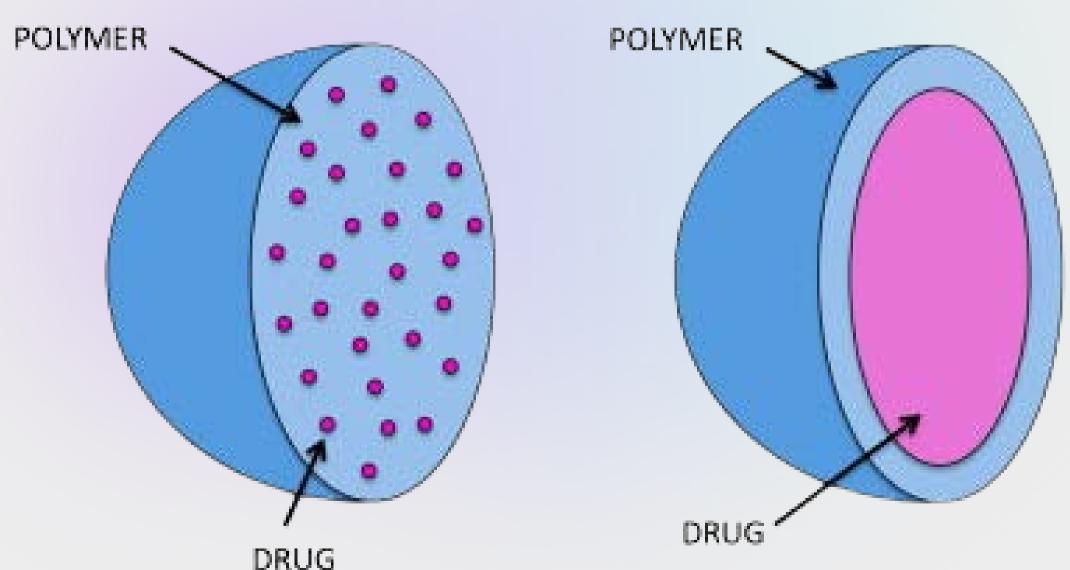


# Particulate Systems

(also at the nano-level too)

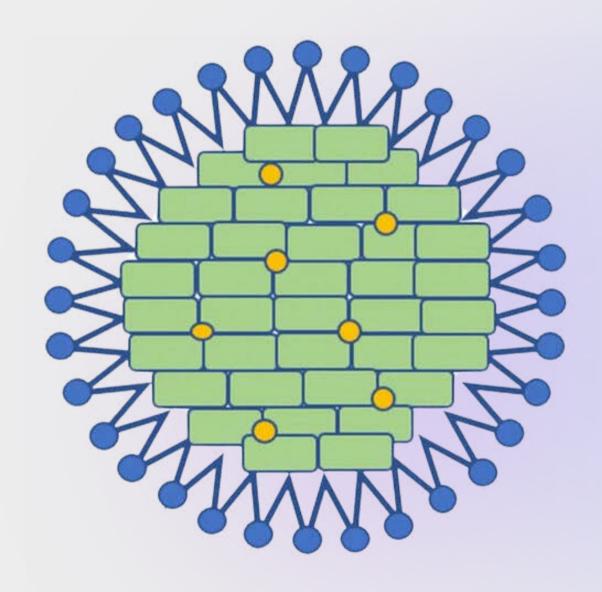
MICROSPHERES (MATRIX SYSTEM)

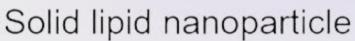
(RESERVOIR SYSTEM)

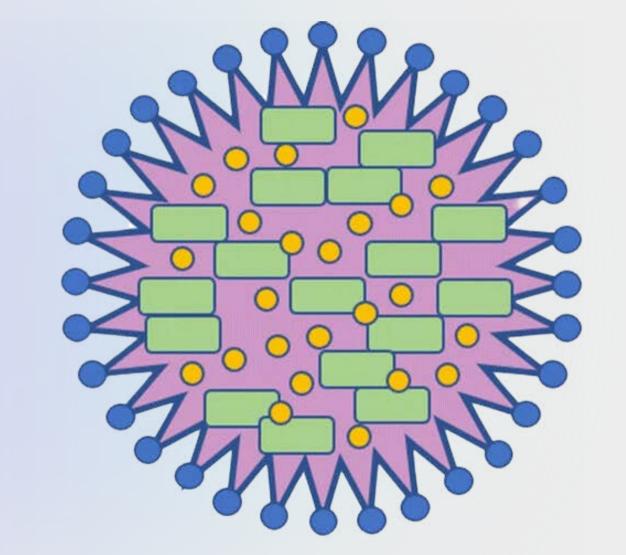


Drug=cosmetic active

# Lipid Nanoparticles







Nanostructured lipid carrier



Surfactant



Solid lipid



Liquid lipid



Drug molecule

# Takeaways

Dosage forms are chosen & formulated intentionally

Skin is a complex organ

There are options to optimize delivery

### Thank You!

### **Ava Perkins**



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